

# The Wisdom of Emptiness

## 2023 - Class 4



*Ceci n'est pas une pipe.*

A 9 week **DISCOVERING BUDDHISM** course with  
registered FPMT teacher, Eddie Peet


1

# Refuge & Bodhichitta

I go for refuge until I am enlightened

To the Buddha, the Dharma,  
and the Supreme Assembly

By the merits I create through  
listening to the Dharma,  
May I become a buddha to  
benefit all sentient beings.



2


# Four Immeasurables

May all sentient beings have  
happiness and the causes of  
happiness.

May all sentient beings be free  
from suffering and the causes  
of suffering.

May all sentient beings never  
be separated from the happiness  
that is free from suffering.

May all sentient beings abide  
in equanimity, free from  
attachment for friends and  
hatred for enemies.



3

# Seven Limb Prayer

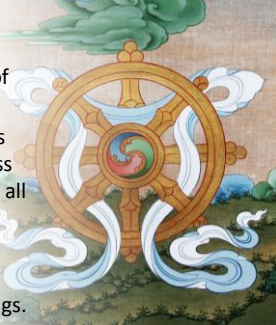
Reverently I prostrate with my  
body, speech, and mind;

I present clouds of every type of  
offering, actual and imagined;

I declare all my negative actions  
accumulated since beginningless  
time and rejoice in the merit of all  
holy and ordinary beings.

Please, remain until the end of  
cyclic existence, and turn the  
wheel of Dharma for living beings.

I dedicate my own and other's  
merits to the great enlightenment.



4

# Mandala Offering

This ground, anointed with  
perfume, strewn with flowers,  
Adorned with Mount Meru, four  
continents, the sun and the moon:  
I imagine this as a buddha-field  
and offer it.

May all living beings enjoy this  
pure land!

IDAM GURU RATNA MANDALA  
KAM NIRYATA YAMI




5

# What we've covered so far

1. What emptiness is
2. Liberation and Enlightenment
3. Merit and purification
4. Tenets and teachers
5. Ignorance and the extremes



6

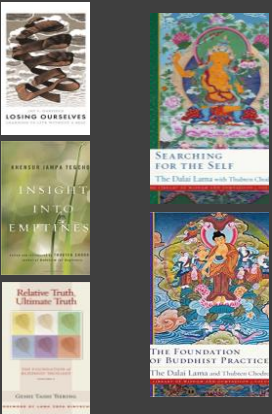


### Today's Outcomes

- Tenets and their systems
- Emptiness of the subtle and gross self
- Who the person is within each system
- How is this useful?

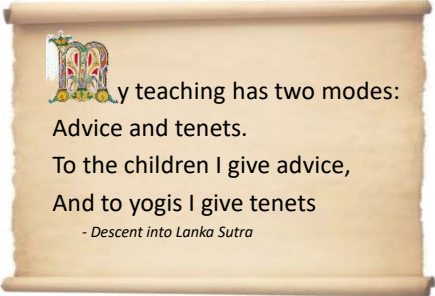
7

### Today's Useful Books



8

### What the Buddha Said

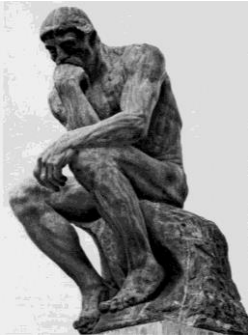


y teaching has two modes:  
Advice and tenets.  
To the children I give advice,  
And to yogis I give tenets  
*- Descent into Lanka Sutra*

9

### What is a Tenet?

An established conclusion



10





### Why Tenets?

To know what's real

11

### Individual Vehicle Schools




Great Exposition  
*Vaibhashika*

Sutra  
*Sautrantika*

12

### Universal Vehicle Schools



Mind Only  
*Chittamatra*

Middle-Way  
*Madhyamaka*

13


### Different Views of the Two Vehicles

#### Individual Vehicle


- View of selflessness towards the person or personal identity only
- Doesn't speak of obstructions to omniscience
- Doesn't speak of Bodhisattva Grounds

#### Universal Vehicle

- View of selflessness as a universal principle
- Speaks of obstructions to omniscience
- Speaks of Bodhisattva Grounds which are related to ideas of the selflessness of phenomena and obstructions to omniscience



14



Self, Atman, Soul

15

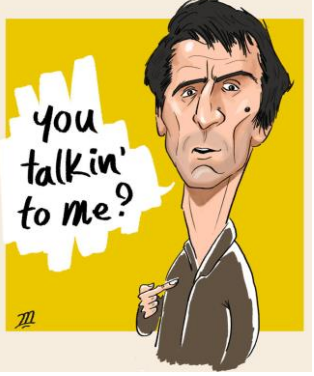
### Levels of Subtlety

Unchanging, unitary, and autonomous

Self-sufficient and substantial

Intrinsic

16




### Gross Misunderstandings

1. I am permanent
2. I am independent
3. I am singular

17

### NOT Permanent



18

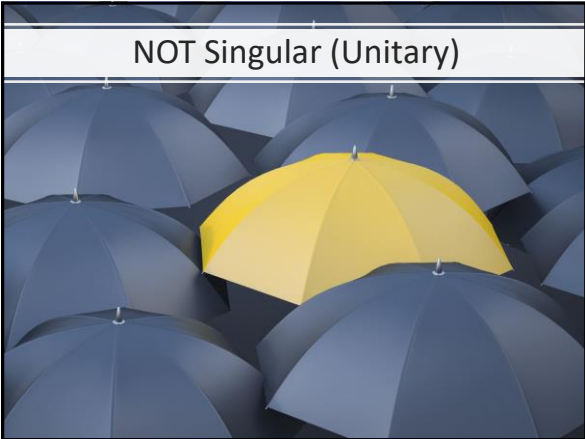
(c) Eddie Peet for Langri Tangpa Centrre 2023

3

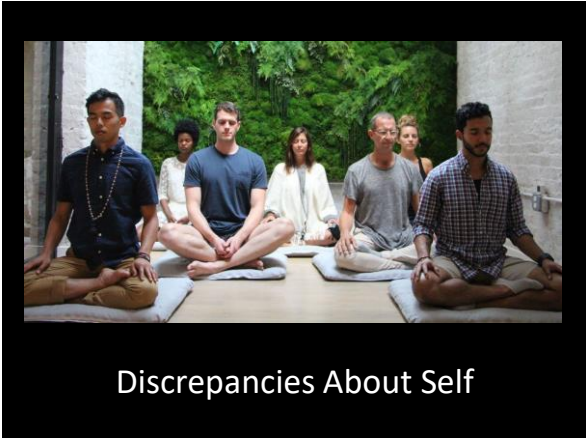




19



20

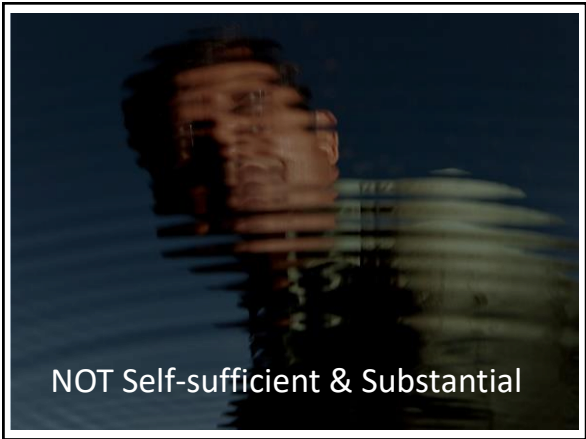


21

**Self-sufficient & Substantially existent**

<p><b>Meaning</b></p> <ul style="list-style-type: none"><li>• Not dependent on the body and mind</li><li>• Does not rely on anything else</li></ul>	<p><b>Consequences</b></p> <ul style="list-style-type: none"><li>• A person could exist without having a body or mind</li><li>• They would be observed without the appearance of their body or mind</li></ul>
---	---

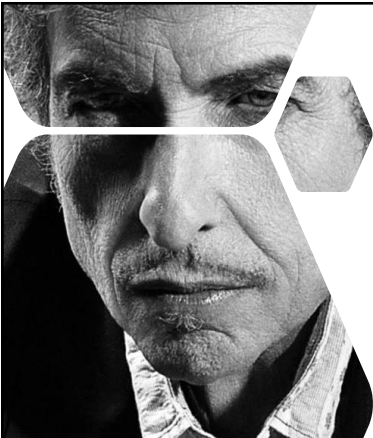
22



23



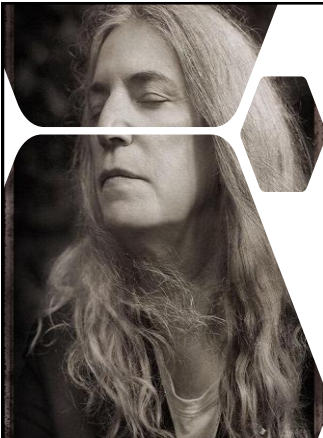
24



**Great Exposition School:  
The Person**

- An inexpressible reality
- The mere collection of the aggregates


25



**Sutra:  
The Person**

- An inexpressible entity
- The mere collection of all five aggregates
- The continuum of the five aggregates
- Mental consciousness

26



**What does this mean to me?**

- Every object of my use and enjoyment does not belong to me
- My body, speech, and mind are not under my control


27



**What's My Take-Away?**

- You know of the absence of the gross and subtle self of two tenet systems.
- You know that this is useful.

28

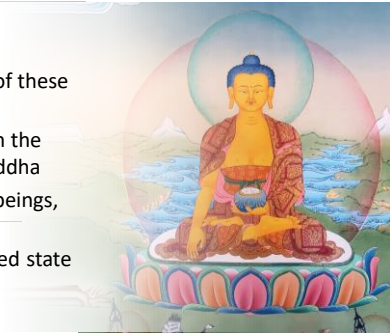


- **Read:**
  - Pages 9-12, 28-29, 35-37, 97-104
- **Coming up:**
  - Mahayana systems
  - The Mind Only

29

**Dedication**

Due to the merits of these virtuous actions  
May I quickly attain the state of a Guru-Buddha  
And lead all living beings, without exception,  
Into that enlightened state



30

**Bodhicitta Verses**

May the supreme jewel bodhicitta  
Not yet born, arise and grow  
May that born have no decline,  
But increase forever more

And as long as space remains,  
As long as sentient beings remain,  
May I too remain  
To dispel the sorrows of the world

