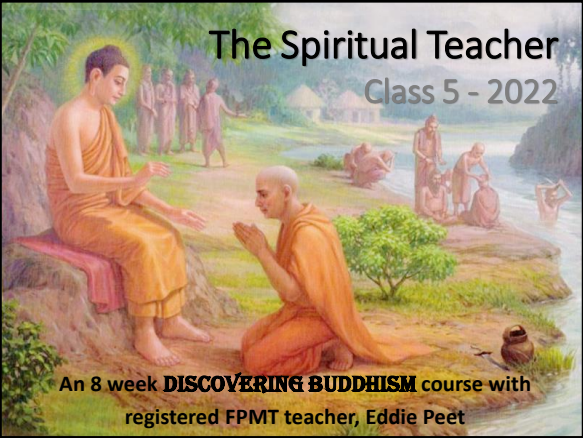


The Spiritual Teacher

Class 5 - 2022


An 8 week **DISCOVERING BUDDHISM** course with
registered FPMT teacher, Eddie Peet



1

Refuge & Bodhichitta

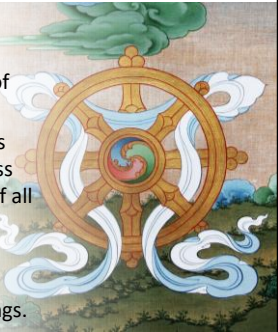
I go for refuge until I am enlightened
To the Buddha, the Dharma,
and the Supreme Assembly
By the merits I create through
listening to the Dharma,
May I become a buddha to
benefit all sentient beings.



2

Seven Limb Prayer

Reverently I prostrate with my
body, speech, and mind;
I present clouds of every type of
offering, actual and imagined;
I declare all my negative actions
accumulated since beginningless
time, and rejoice in the merit of all
holy and ordinary beings.
Please, remain until the end of
cyclic existence, and turn the
wheel of Dharma for living beings.
I dedicate my own and other's
merits to the great enlightenment.



3

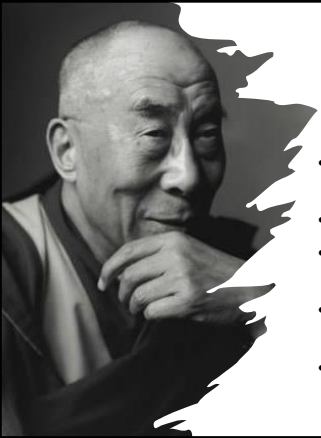
Mandala Offering

This ground, anointed with
perfume, strewn with flowers,
Adorned with Mount Meru, four
continents, the sun and the moon:
I imagine this as a buddha-field
and offer it.
May all living beings enjoy this
pure land!



IDAM GURU RATNA MANDALA
KAM NIRYATA YAMI


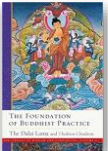
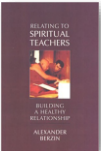
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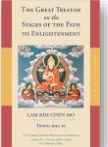
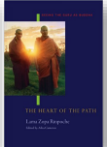
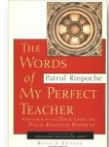
What We've Covered So Far

- Acknowledging the need for a teacher
- Finding a teacher
- The different types of teacher and training
- The ten qualities of a Mahayana teacher
- The qualities and attitudes of a student


5



Useful Books




6



Our Topics

- 1. Disadvantages of incorrect devotion
- 2. Attitudes of correct devotion

7



If We Criticize Our Guru, We Criticize All The Buddhas

You reject happiness and embrace suffering instead

8

Moments of Anger Lead to Rebirth in the Hells

Angry thoughts about him destroy your root merit



9



Though We Practice Tantra, We Do Not Achieve the Supreme State

Despise your teacher and success eludes you

10



Though We Practice Tantra, it is Like Seeking the Hells

Despising your teacher produces many difficulties

11



No Fresh Knowledge, and Realizations Degenerate

You forget what you have learnt


12

In This Life We Suffer Illness and the Like

Contempt towards the guru produces everything unwanted



13



In Future Lives We Wander Endlessly

There are endless rebirths in the lower realms

14

In Future Lives We Lack Virtuous Friends

No opportunities to practice the Dharma



15




Four General Benefits of Guru Devotion

1. Receiving blessings
2. Protection from delusion
3. Protection of merit
4. Protection from delayed realizations

16

Receiving Blessings

The cause to achieve realizations of the path



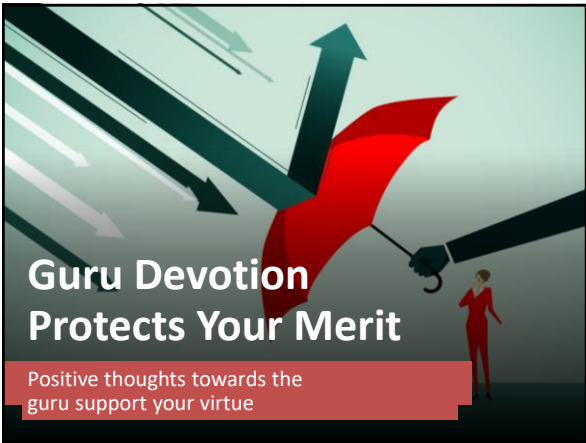
17

Protects Your Mind From Delusion

Negative thoughts don't arise, especially towards the guru.



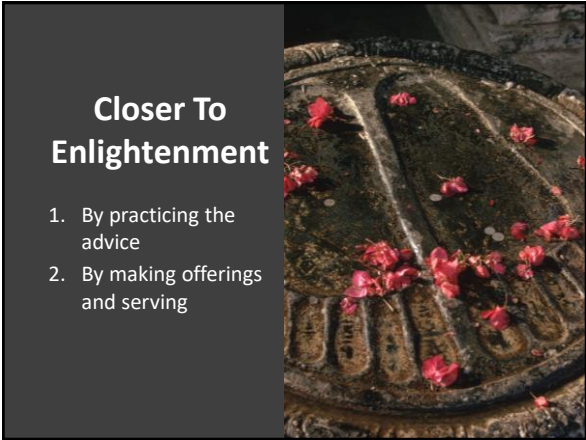
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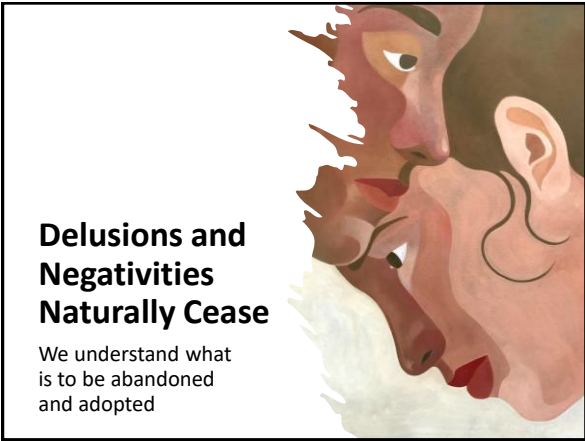
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23



24



**All Our Realizations
of the Paths Increase**

We achieve extensive happiness
in this life and others

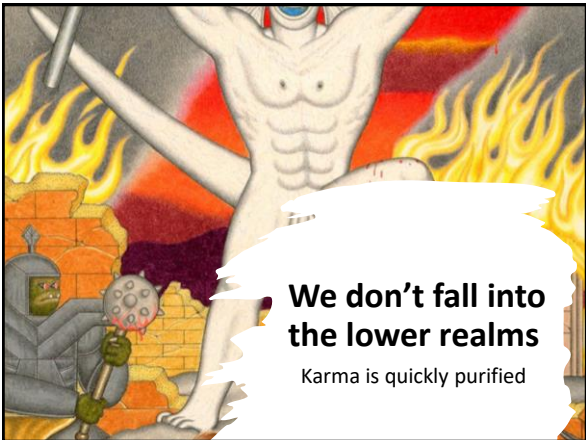
25



**We Never
Lack a
Teacher in
Future Lives**

This life is
responsible for
how things will
turn out in
future lives

26



**We don't fall into
the lower realms**

Karma is quickly purified

27



**We
Effortlessly
Accomplish
All Our
Wishes**

When we practice
according to the
guru's advice


28



**What's My
Take-Away?**

- You know the eight faults of incorrect devotion
- You know what the advantages of a proper reliance are

29



Read

- FPMT Notes p31
- Meditations p12 & p1

Memorise

- Some of the advantages of correct devotion
- Some of the faults of incorrect devotion

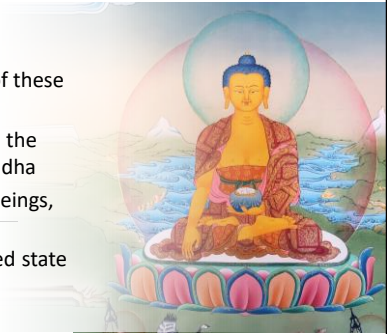
Coming up

- Training in faith – Seeing the teacher as a Buddha

30

Dedication

Due to the merits of these
virtuous actions
May I quickly attain the
state of a Guru-Buddha
And lead all living beings,
without exception,
Into that enlightened state



31

Bodhicitta Verse

May the supreme jewel bodhicitta
Not yet born, arise and grow
May that born have no decline
But increase forever more



32