

Refuge & Bodhichitta

I-go for refuge until I am enlightened
To the Buddha, the Dharma, and the Supreme Assembly
By the merits I create through listening to the Dharma,
May I become a buddha to benefit all sentient beings.

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Reverently I prostrate with my body, speech, and mind; I present clouds of every type of offering, actual and imagined; I declare all my negative actions accumulated since beginningless time, and rejoice in the merit of all holy and ordinary beings. Please, remain until the end of cyclic existence, and turn the wheel of Dharma for living beings. I dedicate my own and other's

Mandala Offering

This ground, anointed with perfume, strewn with flowers,
Adorned with Mount Meru, four continents, the sun and the moon:
I imagine this as a buddha-field and offer it.
May all living beings enjoy this pure land!

IDAM GURU RATNA MANDALA KAM NIRYATA YAMI

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merits to the great enlightenment.



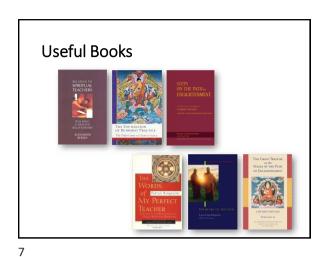
Today's Topics

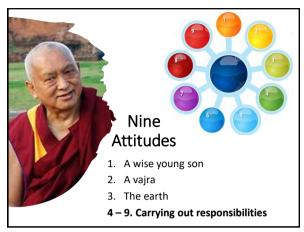
• The attitudes a student needs to rely on a teacher

• Nine similes

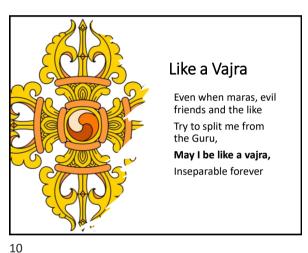
• The benefits of recollecting the kindness of teachers and being respectful

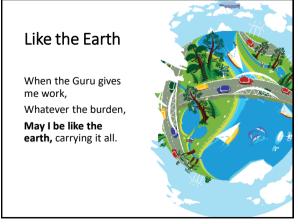
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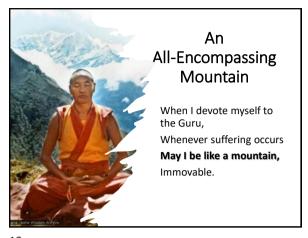








Carrying Out Responsibilities 4. An all-encompassing mountain 5. An ordinary servant 6. A sweeper 7. A rope 8. A dog 9. A ferry





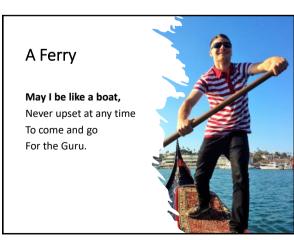
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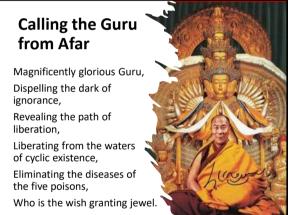




More kind than Shakyamuni Buddha

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All the past Buddhas did not guide us He now guides us on the path He is kind in teaching us the dharma He is kind in blessing our mind stream He looks after us materially & spiritually



Lama Tsong Khapa says... our thoughts and activities will be virtuous You will please your virtuous friends You will not bring suffering to yourself or others You will complete all your collections of good You will be able to work for the welfare of living You will be able to help those who have entered wrong paths --LamRimChenMo p88

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Read

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• Pages 8-12, FPMT Notes

Memorise

- · 9 attitudes for student cultivation
- The "Lama, think of me" prayer
- Coming up

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Developing a proper reliance on the teacher through practice



