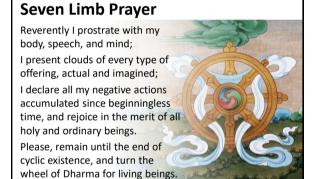


Refuge & Bodhichitta I go for refuge until I am enlightened To the Buddha, the Dharma, and the Supreme Assembly By the merits I create through listening to the Dharma, May I become a buddha to benefit all sentient beings.



Mandala Offering This ground, anointed with perfume, strewn with flowers, Adorned with Mount Meru, four continents, the sun and the moon: I imagine this as a buddha-field and offer it. May all living beings enjoy this pure land! IDAM GURU RATNA MANDALA KAM NIRYATA YAMI

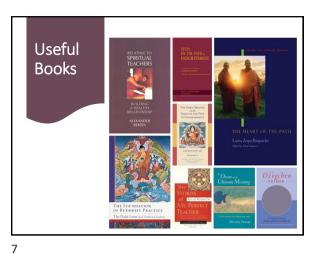
3

I dedicate my own and other's merits to the great enlightenment.

What We've Covered So Far • Acknowledging the need for a teacher • The different types of teacher and training • Finding a teacher • Ten qualities of a Mahayana teacher



2



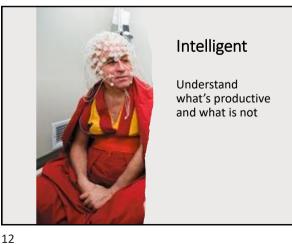


8

The Superior Aryadeva said ... n unprejudiced, intelligent, and interested listener is called a vessel. The good qualities of the instructor do not appear otherwise Nor do those of fellow listeners -- Four Hundred Stanzas; v276

Five Qualities of a Disciple 1. Non-biased 2. Intelligent 3. Great diligence 4. Respect 5. Attentiveness







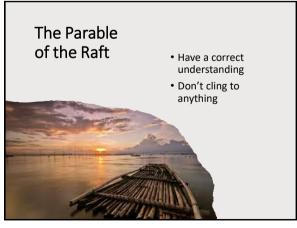






15









20

Read

• Meditations, p13

Memorise

• Five student qualities

Coming up

- The nine similes that show proper reliance
- The benefits of recollecting the kindness of teachers and being respectful

Dedication Due to the merits of these virtuous actions May I quickly attain the state of a Guru-Buddha And lead all living beings, without exception, Into that enlightened state

21 22

Bodhicitta Verse May the supreme jewel bodhicitta Not yet born, arise and grow May that born have no decline But increase forever more