

A 9-week Discovering Buddhism course with
registered FPMT teacher, Eddie Peet

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SANG GYÄ CHÖ DANG TSHOG KYI
CHHOG NAM LA
I go for refuge until I am enlightened
JANG CHUB BAR DU DAG NI KYAB SU CHHI
To the Buddha, the Dharma, and the
Supreme Assembly
DAG GI CHÖ NYEN GYI PÄ SÖ NAM GYI
By the merits I create through listening
to the Dharma,
DRO LA PHÄN CHHIR SANG GYÄ
DRUB PAR SHOG
May I become a buddha to benefit all
sentient beings.

2

GO SUM GŪ PÀI GO NÀ CHHAG TSHĀL LO
 Reverently I prostrate with my body, speech, and mind;
 NGŌ SHAM YI TRŪL CHHŌ TRIN MA LŪ BŪL
 I present clouds of every type of offering, actual and imagined;
 THOG ME NĀ SAG DIG TUNG THAM CHĀ SHAG
 I declare all my negative actions accumulated since
 beginningless time
 KYE PHAG GE WA NAM LA JE YI RANG
 and rejoice in the merit of all holy and ordinary beings.
 KHOR WA MA TONG BAR DU LEG ZHUG NĀ
 Please, remain until the end of cyclic existence,
 DRO LA CHHŌ KYI KHOR LO KOR WA DANG
 and turn the wheel of Dharma for living beings.
 DAG ZHĀN GE NAM JANG CHHUB CHHEN POR NGŌ
 I dedicate my own and other's merits to the great enlightenment

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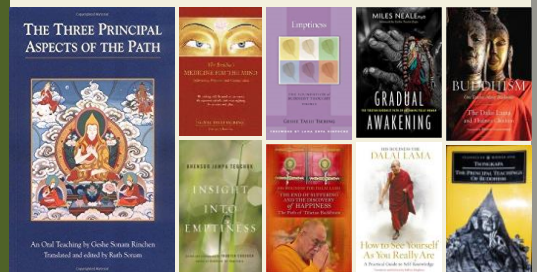
SA ZHI PÖ KYI JUNG SHING ME TOG / TRAM
**This ground, anointed with perfume,
 strewn with flowers,**
 RI RAB LING ZHI NYI DA GYÄN PA DI
**Adorned with Mount Meru, four
 continents, the sun and the moon:**
 SANG GYÄ ZHING DU MIG TE ÜL WA / YI
**I imagine this as a buddha-field and
 offer it.**
 DRO KÜN NAM DAG ZHING LA CHÖ PAR SHOG
May all living beings enjoy this pure land!

IDAM GURU RATNA MANDALA KAM
 NIRYATA YAMI

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- Buddhist history
- Atisha's Lamp
- Twelve deeds
- How to listen
- The Foundation
 - three capacities
- Three principal aspects
 - Renunciation
 - Bodhicitta


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Today's Topics

- The Overview
- The Correct view – the 3rd principal aspect



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Lama Tsong Khapa's *Three Principals*

<div>Preliminaries 2</div> <div>Homage, pledge & urging</div> <div>Verses 1 & 2</div>	<div>Teaching 12</div> <div>Renunciation verses 3-5</div> <div>Bodhicitta verses 6-8</div> <div>Correct View verses 9-13</div> <div>Practice verse 14</div>	<div>Conclusion (1)</div> <div>Practice & colophon</div> <div>Verse 14</div>
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Fourteen Verses Briefly

1. Praise and promise	9. Importance of the View
2. Exhortation to listen	10. Meaning of the View
3. Importance	11. Incomplete understanding
4. Methods	12. Complete understanding
5. Measurement	13. Unique understanding
6. Importance	14. Encouragement
7. Methods	
8. Measurement	

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Renunciation


Having seen the faults and shortcomings of cyclic existence, you generate a very strong wish to abandon it and attain liberation



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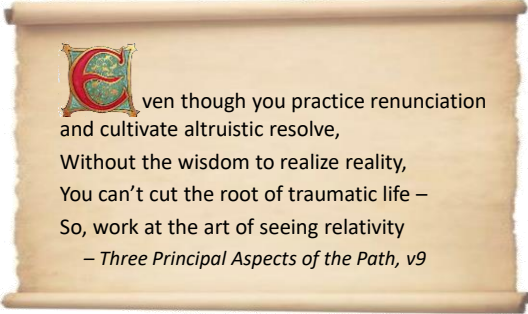
Defining Bodhicitta

A special mental main mind which is the entry way to the Mahayana path and is concomitant with its assistant aspiration that focuses on complete enlightenment for the benefit of others.



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Verse 9. Importance of the 'View'



Even though you practice renunciation and cultivate altruistic resolve, Without the wisdom to realize reality, You can't cut the root of traumatic life – So, work at the art of seeing relativity – *Three Principal Aspects of the Path, v9*

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Levels of Dependent Establishment

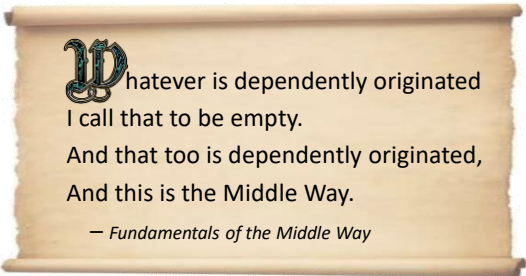


- 1. Arising through meeting
- 2. Existing in reliance
- 3. Dependent existence

- 1. Causal dependence
- 2. Dependent designation
 - a) Mutual dependence
 - b) Mere dependent designation

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Arya Nagarjuna said ...



Whatever is dependently originated
I call that to be empty.
And that too is dependently originated,
And this is the Middle Way.

— Fundamentals of the Middle Way

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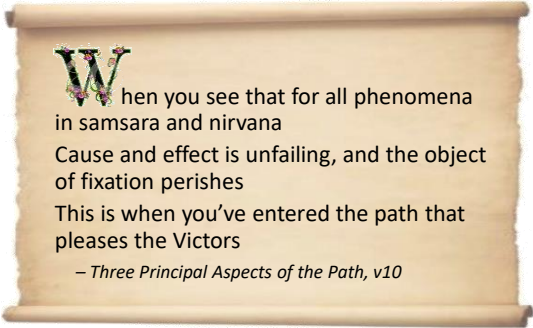


What is Emptiness?

The ultimate truth
A non-affirming negative
A quality of all existents
The final mode of existence
Reality

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Verse 10. Meaning of the ‘View’



When you see that for all phenomena
in samsara and nirvana
Cause and effect is unfailing, and the object
of fixation perishes
This is when you’ve entered the path that
pleases the Victors

— Three Principal Aspects of the Path, v10

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The Analogy Of The Thief – identifying the object of negation


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Dependencies of Persons

Causes	A previous moment of the mental continuum
Conditions	Ignorance, craving, karma, the environment, prayer
Parts	Former and later moments, five aggregates, six elements
Designating consciousness	Being imputed in dependence on a consciousness that designates ‘I’ (i.e., person)

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11. Incomplete Understanding

o long as the understanding of appearances as unfailing dependent arising, And of emptiness, free from all assertions Remain separate, You have not yet realized the intent of the Sage

– Three Principal Aspects of the Path, v11

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12. Complete Understanding

t some point in time, suddenly they cease to alternate And just by seeing that interdependence is unfailing A certainty that destroys all misapprehensions comes about. At that time, your analysis of the view is complete.

– Three Principal Aspects of the Path, v12

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The King of Reasons: Dependent Arising

- 1. I do not truly exist because the way I exist and the way I appear to exist are different.
- 2. I do not exist from the side of the bases of designation because I am not there when searched for amongst the bases for designation.
- 3. I do not exist by way of my own character because I depend on imputation by name and concept.
- 4. I do not inherently exist because I exist dependently

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13. Unique Understanding

urthermore, appearances clear away the extreme of existence And emptiness clears away the extreme of non-existence. When you understand how emptiness shows itself as cause and result, You will never be enthralled by extreme views

– Three Principal Aspects of the Path, v13

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The Appearance & Reality of an Inherently Established Person

If the person did exist inherently, their appearance would not depend on awareness



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14. Encouragement

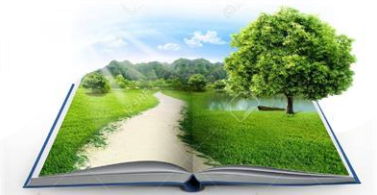
hen you have correctly understood The essentials of these three principal paths, Child, seek seclusion and strengthen your effort To swiftly accomplish your future well-being.

– Three Principal Aspects of the Path, v14

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Improving Understanding

It is not enough to have a mere scriptural understanding – keep listening, reflecting and meditating



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What does this mean for me?

- I am the creator of my own experience
- I am in control of my own future
- I must be very careful in how I act
- Enlightenment is possible



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What’s My Take-Away?

- You have an outline for the text
- You know what the correct view is
- You know how useful “dependent designation” can be

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Read/listen/watch

- Pages 11-18 FPMT
- Pages 6-7 Path Meditations
- Exam Questions 12
- Assessment Questions 17 & 18



Memorise

- The outline of the correct view

Coming up

- The review class

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Dedication

GE WA DI YI NYUR DU DAG
Due to the merits of these
virtuous actions
LA MA SANG GYÄ DRUB GYUR NÄ
May I quickly attain the state
of a Guru-Buddha
DRO WA CHIG KYANG MA LÜ PA
And lead all living beings,
without exception,
DE YI SA LA GÖ PAR SHOG
Into that enlightened state



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Bodhicitta Verse

JANG CHHUB SEM CHHOG RIN PO CHHE
May the supreme jewel bodhicitta
MA KYE PA NAM KYE GYUR CHIG
Not yet born, arise and grow
KYE WA NYAM PA ME PA YANG
May that born have no decline
GONG NÄ GONG DU PEL WAR SHOG
But increase forever more



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