

# CLASS 6 - 2022

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### Today's Topics

- Overview
- Preliminaries
- Renunciation

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### Lama Tsong Khapa's *Foundation*

<b>Preliminaries</b> 2	<b>Teaching</b> 12	<b>Conclusion</b> (2)
<b>Root and Urgency</b>	<b>Three capacities</b>	<b>Request and Prayer</b>
Verses 1 & 2	Small verses 3 & 4	Verses 13 & 14
	Middling verses 5 & 6	
	Great verses 7-14	

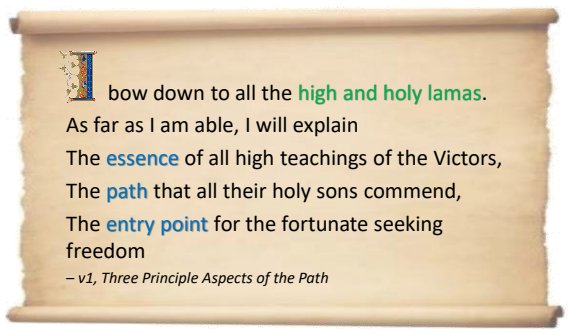
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### Lama Tsong Khapa's *Three Principals*


<b>Preliminaries</b> 2	<b>Teaching</b> 12	<b>Conclusion</b> (1)
<b>Homage, pledge &amp; encouragement</b>	<b>Renunciation</b> verses 3-5	<b>Practice &amp; colophon</b>
Verses 1 & 2	<b>Bodhicitta</b> verses 6-8	Verses 13 & 14
	<b>The View</b> verses 9-13	
	<b>Practice</b> verse 14	

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### A Praise And Promise To Compose

 bow down to all the **high and holy lamas**.  
As far as I am able, I will explain  
The **essence** of all high teachings of the Victors,  
The **path** that all their holy sons commend,  
The **entry point** for the fortunate seeking freedom  
— v1, *Three Principle Aspects of the Path*

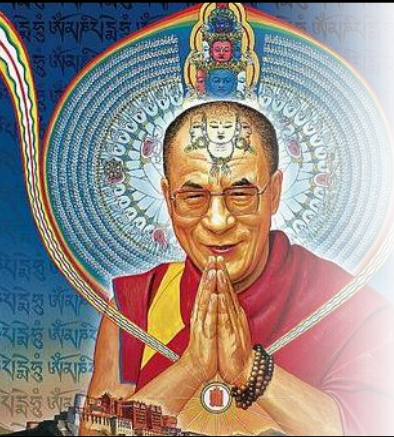
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- A praise & pledge
- Guru devotion
- The three aspects
- Encouragement to study

### The Preliminary Contemplations

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### The Essence Of Guru Devotion

Adopt the view that your guru is a Buddha.

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Persuading Disciples To Listen

isten with open minds, you fortunate ones  
Who break the addiction to worldly pleasures,  
And work to give leisure and opportunity meaning,  
Trusting the path that pleases the Buddhas  
– v2, Three Principle Aspects of the Path

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How To Listen

- Three faults of a vessel
- 1. Listen well
  - 2. Listen carefully
  - 3. Keep this in mind



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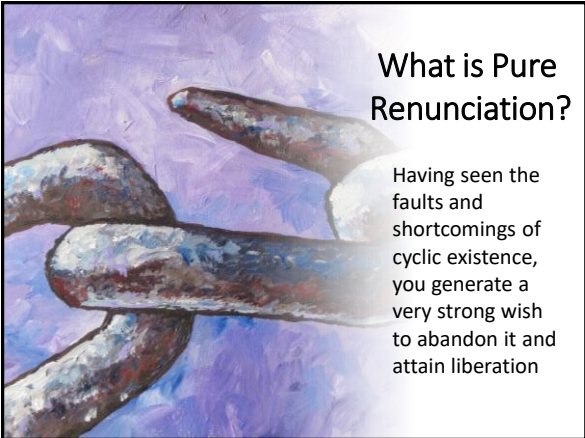
The Importance Of Determination

ithout the pure wish for freedom, There is no way to stop chasing after the pleasurable effects found within compulsive situations.  
Since those with bodies are fettered by their thirst for existence,  
First seek an authentic wish to truly leave cyclic existence  
– v3, Three Principle Aspects of the Path

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What is Pure Renunciation?

Having seen the faults and shortcomings of cyclic existence, you generate a very strong wish to abandon it and attain liberation



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How To Generate Determination

precious human rebirth is difficult to find;  
There's not much time in this life.  
Getting used to these facts will stop infatuation with this life.  
If you reflect again and again on the unfailing effects of action  
And the sufferings of recurring rebirth, infatuation with future lives will also stop.

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The Essence Of This Life

To appreciate that you have everything you need to liberate yourself right now.



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**Death  
Inspires  
Urgency**

A life-time leaves no time to waste  
Only your practice and preparation  
will help

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**Refuge Offers  
Safe Direction**

Reorient your consciousness

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**Causality  
Inspires  
Agency**

Intentional actions are  
the primary force  
shaping human  
development



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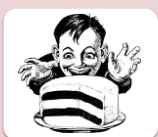
**Distaste For  
Compulsive Existence**



- Uncertainty
- Dissatisfaction
- Death
- Rebirth
- Vicissitudes
- We feel so  
chronically  
alone


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**Three Root Delusions**




**Attachment**

- Desire
- Craving
- Grasping
- Lust



**Anger**


- Aversion
- Intolerance
- Hostility
- Hatred



**Ignorance**

- Confusion
- Ego-grasping

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**Characteristics  
Of Delusions**

- Inner mental events
- Caused by inappropriate  
attention
- Lead to mental  
disturbance
- Bring difficulty and  
further suffering

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### Measuring Success

When, through familiarity,  
The wish for the highest pleasures of samsara  
Do not arise for even a single moment  
And all the time, both day and night,  
You aim for liberation,  
Renunciation has truly been born  
— v5, Three Principle Aspects of the Path

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### Renunciation

Having seen the faults  
and shortcomings of  
cyclic existence, you  
generate a very strong  
wish to abandon  
it and attain liberation



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### The Pali Renunciate

Rejects the  
pursuit of  
sensual  
pleasure



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### The Layperson's Renunciation

To realize the  
ephemeral nature  
of possessions  
and to not be  
attached to them



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### Renunciation And The Three Scopes

 <b>Small</b>	 <b>Medium</b>	 <b>Great</b>	 <b>Mantra</b>
Provisional	Definitional	Solitary peace for a non-abiding nirvana	Impure view for purity
Benefiting this life to benefit future lives	Future lives for liberation	Abandoning Cognitive obscurations	Abandon ordinary self-images
Abandon 10 non-virtues	Abandon true sufferings & true origins		Abandon identifying with them

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### What's My Take-Away?

- You have an outline for the text.
- You know of the preliminaries.
- You know what renunciation is and the means to achieve it.



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**Read/listen/watch**


- Pages 15-26 LTC excerpts
- Exam Questions 7 & 11,
- Assessment Questions 10 & 11

**Memorise**

- The outline of the *Three Principal Aspects*

**Coming up**

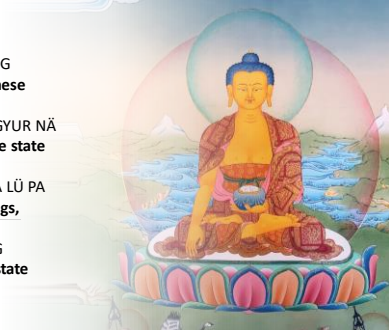
- Verses 6 – 8 Bodhicitta



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**Dedication**


GE WA DI YI NYUR DU DAG  
Due to the merits of these  
virtuous actions  
LA MA SANG GYÄ DRUB GYUR NÄ  
May I quickly attain the state  
of a Guru-Buddha  
DRO WA CHIG KYANG MA LÜ PA  
And lead all living beings,  
without exception,  
DE YI SA LA GÖ PAR SHOG  
Into that enlightened state



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**Bodhicitta Verse**

JANG CHHUB SEM CHHOG RIN PO CHHE  
May the supreme jewel bodhicitta  
MA KYE PA NAM KYE GYUR CHIG  
Not yet born, arise and grow  
KYE WA NYAM PA ME PA YANG  
May that born have no decline  
GONG NÄ GONG DU PEL WAR SHOG  
But increase forever more



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