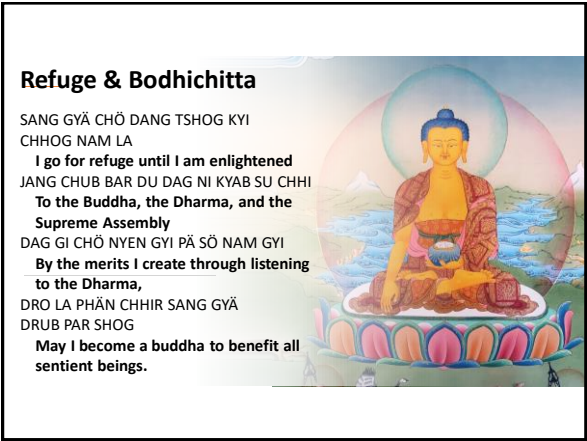
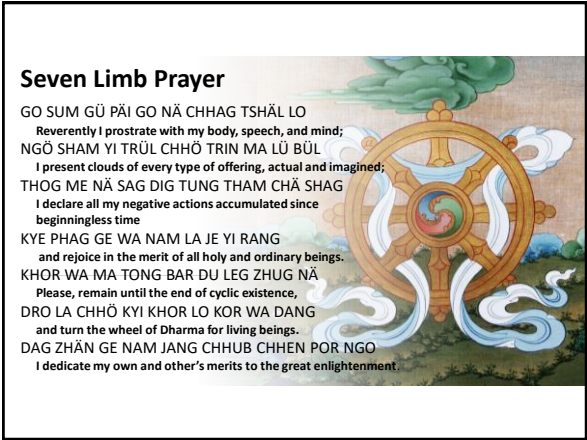




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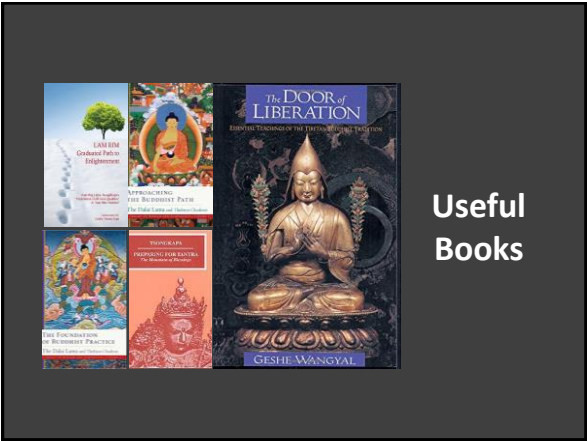
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5



6

Today's Topics

- The FAGQ
- The Great scope
- The conclusion

7

Lama Tsong Khapa's Foundation

Preliminaries 2	Teaching 12	Conclusion [2]
Root and Urgency	Three capacities	Request and Prayer
Verses 1 & 2	Small verses 3 & 4	Verses 13 & 14
	Middling verses 5 & 6	
	Great verses 7-14	

8

Three Scopes, Three Principals

Small	Medium	Great
Authentic renunciation	Authentic uncontrived renunciation	Uncontrived bodhicitta
Mundane correct view	Supramundane correct view	Supramundane correct view
		Initiation

9

Lama Atisha's Advice

One who wholly seeks a complete end to the entire suffering of others
Because their suffering belongs to his own conscious stream,
That person is a Superior.
– Lamp for the Path v5

10

a) The Advanced Level of Practitioner

DIRECT AIM Full awakening Buddhahood	WHAT THEY PRACTICE The six perfections The four ways of gathering disciples The Vajrayana	WHAT THEY ELIMINATE <i>Cognitive obscurations</i> Latencies of afflictions The appearance of inherent existence

11

Lama Tsong Khapa's Advice #7

Just as I have fallen into the sea of samsara,
So have all mother migratory beings.
Bless me to see this, train in supreme bodhicitta,
And bear the responsibility of freeing migratory beings.
– Foundation of all good Qualities v7

12

Equanimity

It promotes the aspect of balance toward beings



13

The Need For Equanimity



Small Scope
We wish that all beings have overcome their afflictions towards one another



Middle Scope
We overcome our attachment and anger towards friends enemies and strangers

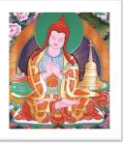



Great Scope
We overcome favouritism when directing love and compassion towards others

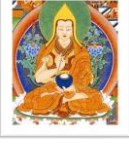
14

Developing Bodhicitta

Common

- Atisha's** seven cause and effect personal instruction
- Shantideva's** equalizing & exchanging

Uncommon

- Lama Tsong-Khapa's** eleven-point method


15

Defining Bodhicitta

For the sake of others, wishing to attain complete, perfect enlightenment



16



tong-len – Taking

How to Meditate

Oneself

Future

- 1. Sufferings (effects)
- 2. Origins (seeds)
- 3. Obscurations (imprints)

Past & Present

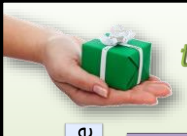
- 1. Friends
- 2. Strangers
- 3. Enemies
- 4. Everyone

Aryas

Animals etc

Others

17



tong-len – Giving

How to Meditate

Oneself

Future

Contaminated Happiness

Uncontaminated Happiness

Past & Present

- 1. Friends
- 2. Strangers
- 3. Enemies
- 4. Everyone

Guru & Buddhas

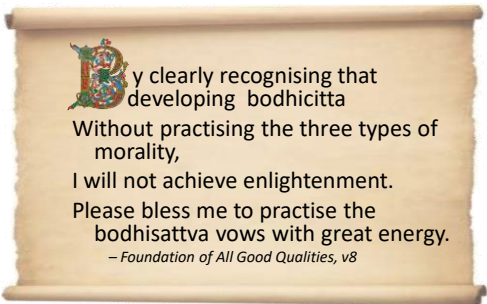
Bodhisattvas

Samsaric beings

Others

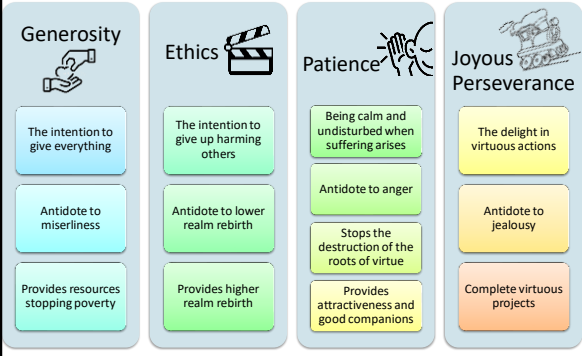
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Lama Tsong Khapa’s Advice #8



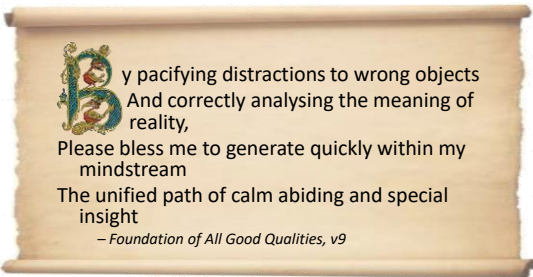
19

The First Four Perfections



20

Lama Tsong Khapa’s Advice #9



21

The Last Two Perfections



22

b) The Advanced Level of Practitioner



23

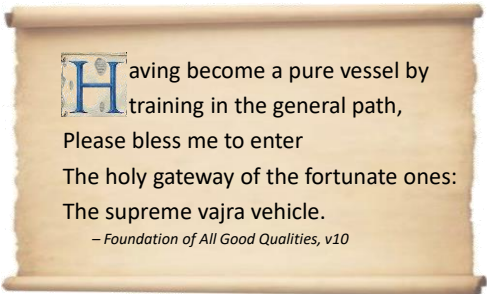
Secret Aspects of a Bodhisattva Path

- 10. Entry into tantra
- 11. Keeping practice pure
- 12. Completing the path
- 13. Request
- 14. Prayer



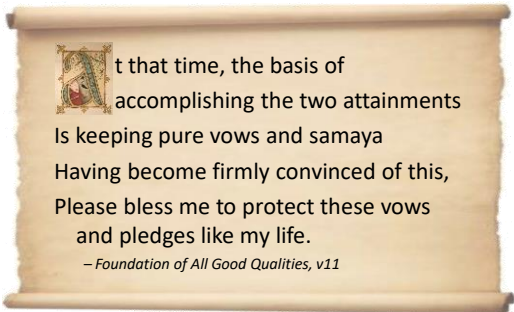
24

Lama Tsong Khapa’s Advice #10



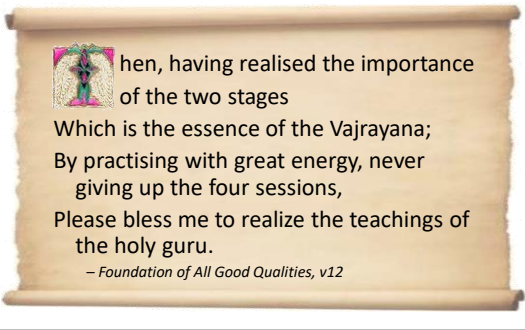
25

Lama Tsong Khapa’s Advice #11



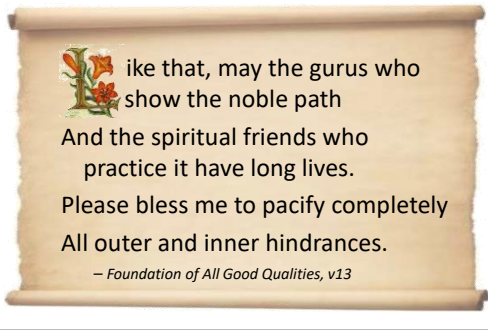
26

Lama Tsong Khapa’s Advice #12



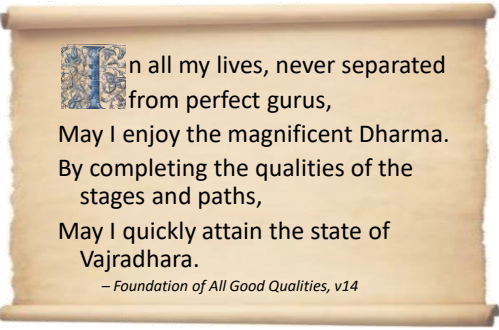
27

Lama Tsong Khapa’s Request #13



28

Lama Tsong Khapa’s Prayer #14



29



What’s My Take-Away?

- You have an outline for the FAGQ.
- You know the motives, aims and practices of the great scope.

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Next Week

Read/listen/watch

- FAGQ and chart in members area
- Pages 22-27 FPMT notes
- Suggested Public Exam Questions 9 & 11
- Assessment Questions 12, 13, 15 & 16

Memorise

- The outline for the advanced level of practitioner

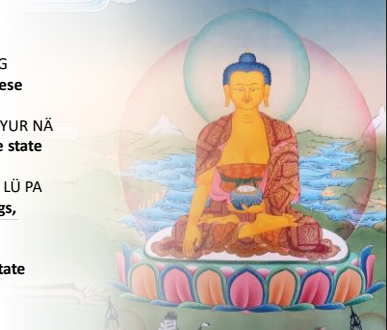
Coming up

- The three principal aspects of the path

31

Dedication


GE WA DI YI NYUR DU DAG
Due to the merits of these
virtuous actions
LA MA SANG GYÄ DRUB GYUR NÄ
May I quickly attain the state
of a Guru-Buddha
DRO WA CHIG KYANG MA LÜ PA
And lead all living beings,
without exception,
DE YI SA LA GÖ PAR SHOG
Into that enlightened state



32

Bodhicitta Verse

JANG CHHUB SEM CHHOG RIN PO CHHE
May the supreme jewel bodhicitta
MA KYE PA NAM KYE GYUR CHIG
Not yet born, arise and grow
KYE WA NYAM PA ME PA YANG
May that born have no decline
GONG NÄ GONG DU PEL WAR SHOG
But increase forever more



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