

# HOW TO DEVELOP BODHICHITTA

## Suggested Public Exam Questions

1. What is the difference between equanimity and indifference? Give a short explanation on equanimity. Explain some of the benefits of practicing bodhichitta.
2. If the goal is to develop compassion for everyone, why not start by seeing every being as one's most dear one [close one] instead of starting with equanimity? Identify three different methods used to develop compassion.
3. What are the six causes and one result [seven techniques of Mahayana cause and effect]? Give a short explanation of the fifth and sixth points. Is it necessary to recognize all sentient beings as one's mother? If yes, why? If no, why not?
4. Identify the five points of developing bodhichitta thru equalizing & exchanging self with others. Is it necessary to practice exchanging self with others in order to develop bodhichitta? Give a short explanation on the disadvantages of self-cherishing and the advantages of cherishing others.
5. Identify the eleven-point method of generating bodhichitta. How is it possible for sentient beings to be our mother? Give short explanation on the third and fourth points. Is there a difference between the meditation on kindness as done in the seven techniques and in the eleven-point method? If so, explain.
6. Identify at least six of the eighteen bodhichitta root vows. What is necessary in order to complete the action of breaking a root vow? Give the four conditions of a complete transgression. Do all root vows need four conditions to be transgressed, or not? Explain.