

### All About Karma

#### Class 5 - 2022

An 8-week **DISCOVERING BUDDHISM** course with registered FPMT teacher, Eddie Peet


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### Refuge & Bodhichitta

I go for refuge until I am enlightened

To the Buddha, the Dharma, and the Supreme Assembly

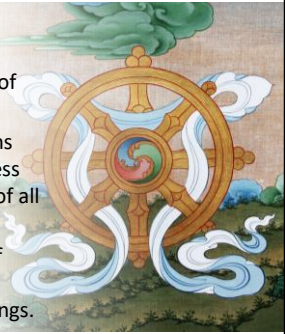
By the merits I create through listening to the Dharma, May I become a buddha to benefit all sentient beings.



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### Seven Limb Prayer

Reverently I prostrate with my body, speech, and mind;  
I present clouds of every type of offering, actual and imagined;  
I declare all my negative actions accumulated since beginningless time, and rejoice in the merit of all holy and ordinary beings.  
Please, remain until the end of cyclic existence, and turn the wheel of Dharma for living beings.  
I dedicate my own and other’s merits to the great enlightenment.

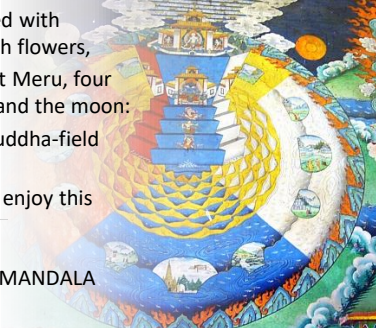


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### Mandala Offering

This ground, anointed with perfume, strewn with flowers,  
Adorned with Mount Meru, four continents, the sun and the moon:  
I imagine this as a buddha-field and offer it.  
May all living beings enjoy this pure land!


IDAM GURU RATNA MANDALA  
KAM NIRYATA YAMI



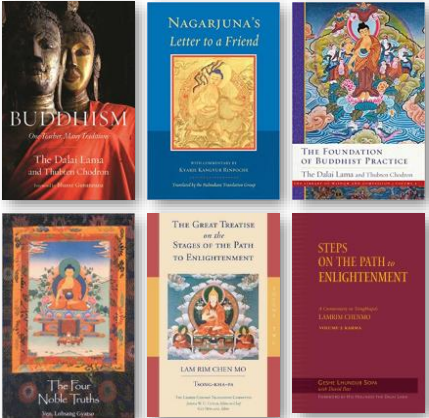
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### We have Studied

- What Karma is
- Causes and conditions
- Four principles of karma
- Ten non-virtuous paths
  - Offensive speech
  - Unwise and unkind sexual conduct
  - The branches of the complete path
  - Weight and strength
  - The results




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- Buddhism: The Path to Enlightenment
- Nagarjuna's Letter to a Friend
- The Foundation of Buddhist Practice
- The Four Noble Truths
- The Great Treatise on the Stages of the Path to Enlightenment
- Steps on the Path to Enlightenment

### Great Books on Karma

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### Today's Outcomes

The three mental paths of non-virtue

- Wrong views
- The branches of the complete path
- Weight and strength
- The results

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### Karma and Karmic path

	Karma	Karmic Path	Affliction
Mental factor of intention	✓	✗	✗
7 physical and verbal non-virtues	✓	✓	✗
3 mental non-virtues	✗	✓	✓

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### 8. Covetousness


- Karmic path
- Lightest non-virtuous mental path
- Motivated by desire, hatred or ignorance
- Completed with desire



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### 9. Malice

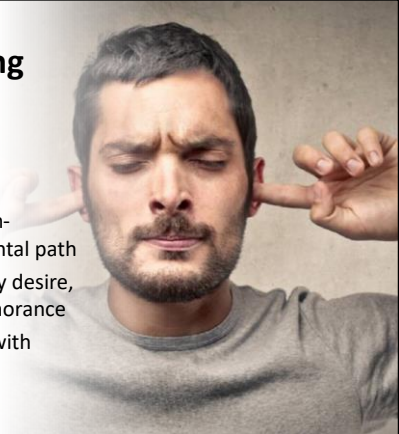
- Karmic path
- Weighty non-virtuous mental path
- Motivated by desire, hatred or ignorance
- Completed with hatred



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### 10. Wrong Views

- Karmic path
- Heaviest non-virtuous mental path
- Motivated by desire, hatred or ignorance
- Completed with wrong view



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### Stages Of A Wrong View

Intention

Action

Satisfaction

Basis

Attitude

Performance

Culmination

Basis

Perception

Attitude

Affliction

Conclusion

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### FOUR STAGES of Wrong View


1. Basis  
A thing pertaining to the Dharma that is true and exists

2. Attitude  
Includes perception, motivation, and affliction

3. Performance  
Denying any of four existent things

4. Culmination  
Certainty that you denied the thing; five attitudes

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### Weight of Wrong View

1. Attitude: intense hostility, desire, or confusion


2. Performance: with delight, stubbornness, habitually, repeatedly, long length of time, persistently

3. Absence of an antidote: no shame, no embarrassment, no remorse or confession

4. Perversity: strong belief you are right

5. Basis (object): existent objects

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### Strength of Wrong View

Recipient	Object	Support	Attitude
Family, children, close friend, society, 3 Jewels	The activity is wrong views	The person thinking	Karmic path, affliction, three poisons, confusion

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### Arya Nagarjuna said ...



Understand your thoughts to be like figures drawn  
On water, sandy soil, or carved in stone.  
Of these, for tainted thoughts the first's the best,  
While when you long for Dharma, it's the last

--Letter to a Friend, v17

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### Three Types of Result


1. Ripening result

2. The causally concordant result

a) Experience

b) Behaviour

3. Environmental result



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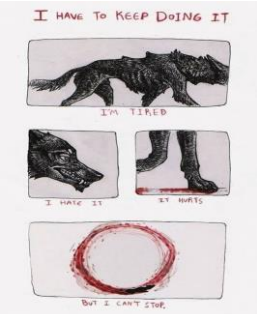
### The Ripening Result – Fruition

Three different levels of lower rebirth ripening:

1. Small – rebirth as an animal

2. Medium – rebirth as a hungry ghost

3. Great – rebirth as a being in the hells



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### Causally Concordant Result

Two types of result similar to the cause:

1. Results corresponding to the experiences


2. Results corresponding to the behaviour



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### The Environmental Result

No home or protector, few crops, springs dry up, resources are exhausted, chaotic society, place is polluted



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### What's My Take-Away?

REMEMBER ...your future depends entirely on the actions you take now!

- You know the stages and results of a non-virtuous wrong view.

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**Read:**

- Pages 65-67, 80-92 (LTC notes 7-9, 25-36)


**Coming up:**

- The ten virtuous paths of restraint

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### Dedication

Due to the merits of these virtuous actions  
May I quickly attain the state of a Guru-Buddha  
And lead all living beings, without exception,  
Into that enlightened state



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### Bodhicitta Verses

May the supreme jewel bodhicitta  
Not yet born, arise and grow  
May that born have no decline  
But increase forever more

And as long as space endures,  
As long as sentient beings abide,  
May I too remain  
To dispel the sorrows of the world



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