

All About Karma

Class 4 - 2022

An 8-week **DISCOVERING BUDDHISM** course with registered FPMT teacher, Eddie Peet


1

Refuge & Bodhichitta

I go for refuge until I am enlightened

To the Buddha, the Dharma, and the Supreme Assembly

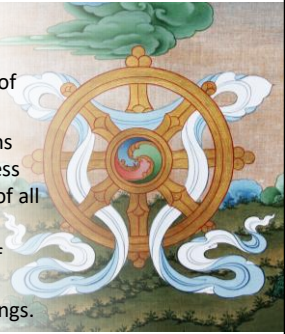
By the merits I create through listening to the Dharma, May I become a buddha to benefit all sentient beings.



2

Seven Limb Prayer

Reverently I prostrate with my body, speech, and mind;
I present clouds of every type of offering, actual and imagined;
I declare all my negative actions accumulated since beginningless time, and rejoice in the merit of all holy and ordinary beings.
Please, remain until the end of cyclic existence, and turn the wheel of Dharma for living beings.
I dedicate my own and other's merits to the great enlightenment.

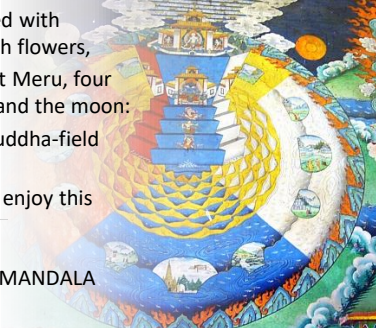


3

Mandala Offering

This ground, anointed with perfume, strewn with flowers,
Adorned with Mount Meru, four continents, the sun and the moon:
I imagine this as a buddha-field and offer it.
May all living beings enjoy this pure land!


IDAM GURU RATNA MANDALA
KAM NIRYATA YAMI



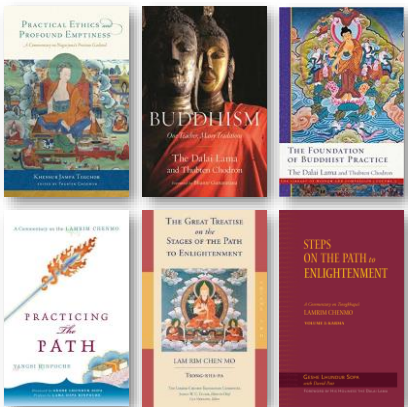
4

What we have studied

- What Karma is
- Causes and conditions
- Four principles of karma
- The ten non-virtuous karmic paths
 - Unwise and unkind sexual behaviour
 - The branches of the complete path
 - Weight and strength
 - The results



5




Great Books on Karma

6

Today's Outcomes

The four verbal paths of non-virtue

- Offensive speech
- The branches of the complete path
- Weight and strength
- The results



7

Stages Of A Verbal Karmic Path

Intention

Action

Satisfaction

Basis

Attitude

Performance

Culmination

Basis

Perception

Attitude


Affliction

Conclusion

8

4. Lying


- Karma and karmic path
- Heaviest non-virtuous verbal path
- Motivated by desire, hatred or ignorance
- Completed with desire, hatred or ignorance



9

5. Divisive Speech


- Karma and karmic path
- Weighty non-virtuous verbal path
- Motivated by desire, hatred or ignorance
- Completed with desire, hatred or ignorance



10

6. Offensive Speech

- Karma and karmic path
- Light non-virtuous verbal path
- Motivated by desire, hatred or ignorance
- Completed with hatred



11

FOUR STAGES of Offensive Speech


1. Basis
A living being in whom you can engender hostility

2. Attitude
Includes perception, motivation, affliction

3. Performance
Saying something unpleasant, true or untrue

4. Culmination
It's understood what has been said

12



Weight of Offensive Speech

1. **Attitude:** intense hostility, desire, indifference


2. **Performance:** with glee, with elaborate preparation, habitually, repeatedly, long length of time, kind, weak

3. **Absence of an antidote:** no shame, no embarrassment, no remorse or confession

4. **Perversity:** distorted ideas, wrong views

5. **Basis (object):** size, length, family, close friend, sangha

13




Strength of Offensive Speech

Recipient	Object	Support	Attitude
Family, children, close friend ordained, teacher	The activity is offensive speech	The person speaking	Karma and its path, conclusion all hostile

14


7. Senseless Speech

- Karma and karmic path
- Lightest non-virtuous verbal path
- Motivated by desire, hatred or ignorance
- Completed with desire, hatred or ignorance



15


Nagarjuna said ...



Due to having faith, one relies on the practices; Due to having wisdom, one truly understands. Of these two, wisdom is foremost, but faith must come first.

- The Precious Garland, v5

16



Three Types of Result


1. The ripening result
2. The causally concordant result
 - a) Experience
 - b) Behaviour
3. The environmental result

17

The Ripening Result – Fruition

Three different levels of lower rebirth ripening:

1. **Small** – rebirth as an animal
2. **Medium** – rebirth as a hungry ghost
3. **Great** – rebirth as a being in the hells





18

Causally Concordant Result

Two types of result similar to the cause:

1. Results corresponding to the experiences

2. Results corresponding to the behaviour



19



The Environmental Result

A barren, dry place, dangerous with sharp stones, and uncooperative people

20




What’s My Take-Away?

...your future depends entirely on the actions you take now!

- You know the stages and results of harsh speech.

21



Read:

- Pages 65-67, 74-92 (LTC notes 7-9, 18-36)


Coming up:

- The non-virtuous karmic paths of speech
- Offensive speech, paths and results

22

Dedication

Due to the merits of these virtuous actions
May I quickly attain the state of a Guru-Buddha
And lead all living beings, without exception,
Into that enlightened state



23

Bodhicitta Verses

May the supreme jewel bodhicitta
Not yet born, arise and grow
May that born have no decline
But increase forever more

And as long as space endures,
As long as sentient beings abide,
May I too remain
To dispel the sorrows of the world



24